

Alcohol Awareness Week

FREE 'Ask the Specialist' event

Online sessions: 16-20 Nov 2020

Why not sign up to attend one of our interactive and **FREE** Zoom sessions? You have the opportunity to meet an Early Break worker who is a specialist in the field of alcohol and the effects on many aspects of human life. Each worker's role is to support young people and families affected by alcohol use.

Date	Time	Topic
Mon 16 Nov	10.30-11.15am	"Alcohol and mental health" - with Laura/Alannah
Tue 17 Nov	11-11.45am	"Working with young people's ambivalence around substances" - with Heather
Wed 18 Nov	2-2.45pm	"Alcohol and pregnancy" - with Mandy
Thu 19 Nov	11-11.45am	"How alcohol affects parenting capacity" - with Adebola/Helen/Jennifer
Fri 20 Nov	1-1.45pm	"Alcohol and domestic abuse" - with Vicky

Please register your interest for any/all of the sessions by emailing Jacqui at jselby@earlybreak.co.uk or call 07894 619519 (following registration you will be sent a Zoom link)

