



Carers Rights Day – Thursday 26th November 2020

Each year Carers UK holds Carers Rights Day to bring organisations across the UK together to help carers in their local community know their rights and find out how to get information, advice and support.

Most of us will provide unpaid care for someone at some point in our lives. Not everyone sees themselves as a 'carer'. For many people, 'caring' is part of being a partner, a son or daughter, a parent or a friend.

This year's theme is **Know Your Rights**. The COVID-19 pandemic has impacted every aspect of caring, affecting carers' access to support and services, and their physical and mental health. Many are caring for the first time, while those who've been caring for a while are facing greater challenges and pressures than ever before. It's never been more important for carers to be informed and know their rights.

'**Looking after someone**' is a guide produced by Carers UK for anyone caring for family or friends. The guide outlines your rights as a carer and gives an overview of the practical and financial support available. [Looking after someone resource](#)

Do you know how many carers are in your workforce? Can you afford to lose them?

Bury Council & NHS Bury CCG are an active member of Employers for Carers (EfC). Through our membership, SMEs and health partners in Bury can access for free a range of resources that can help to support staff with caring responsibilities to continue working in the future.

Practical resources, advice and information is available online using our unique access code **EFCGMCA01** at [EfC Digital: Log in to the site](#)

The Bury Carers' Hub provides a single point of access for adult carers who are caring for an adult Bury resident. The Bury Carers' Hub has been created to ensure that adult carers have access to information, advice, and a wide range of support services. These services are designed to help carers continue in their caring role for as long as they choose and to reduce the impact caring can have on health and wellbeing. <https://theburydirectory.co.uk/services/bury-carers-hub>

For more information on Carers Rights Day, visit carersuk.org/carersrightsday



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Having the right information at the right time can make all the difference when you are caring for someone. Please join us for our free, informal, informative zoom sessions to find out more about money matters, benefits and grants that you or the person you care for may be entitled to and information around wills and Lasting Power of Attorney.

There will be plenty of time for you to ask any questions of our experienced and knowledgeable experts, so grab a cuppa and join us to find out more to help you care for your future.

Carers Rights Day Money Matters

Thursday 26th November 2020 at 10:30am

Hosted by Lisa Gordon

With over 30 years of knowledge, skills and experience within Adult Health and Social Care; empowering people to take control of their finances and wellbeing is what we do best. We encourage and support people to increase their income, plan for their future and to ease the pressures of money management.

Providing support with: * ATTENDANCE ALLOWANCE, * PERSONAL INDEPENDENCE PAYMENT (PIP), * DISABILITY RELATED BENEFITS, * CARERS ALLOWANCE, * MONEY MANAGEMENT and so much more

Zoom Link: <https://zoom.us/j/96952951775?pwd=NUNyb3QyUXR6TXMvOURraDh5NmwwZz09>

Meeting ID: 969 5295 1775 Password: 172908

Carers Rights Day Legal Matters

Thursday 26th November 2020 at 1:30pm

Hosted by Verity McKay

Solicitors, Poole Alcock, are offering free, informal legal zoom session specifically tailored for Carers.

Topics to be covered will include:

- The importance of making a Will;
- How to protect the person you care for in your Will using a Trust; and
- Lasting Powers of Attorney for you and the person you care for.

Verity will be available to help with any questions you may have.

Zoom Link: <https://zoom.us/j/95933811305?pwd=WVFhWHliMENVSkhbVJ0azdiRGsvdz09>

Meeting ID: 959 3381 1305 Password: 641289

Autumn/Winter Edition 2020/21

